

SKIN SYNC

# MEET SKIN SYNC

**ACHIEVE YOUR  
SKIN DREAMS**

“There are no secret formulas, no special techniques from abroad and no miracle scientific breakthroughs that alleviate all skin conditions, including ageing. There are only the dictates of our own body chemistry and we must match that chemistry as closely as possible to provide the ideal environment for healthy skin to thrive.” - Danné Montague-King

**SKIN SYNC**

# DMK ENZYME TREATMENTS

## Skin Consultation - £40

Consultations are the first step with Skin Sync for all new clients. The consultation aims to educate you on your skin to gain a better understanding of why your skin behaves the way it does. Taking a holistic approach to skin health, we look at lifestyle, diet, current skincare regime & and supplements.

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## Bespoke Nutrition Facial- £80

This bespoke facial is customized to suit your skin's needs and concerns, using a blend of vitamins, amino acids and proteins to give you a burst of hydration. This entry-level facial can include a light DMK removal, customized face masque and transepidermal infusion to restore vital nutrients.

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## DMK Lunch Time Peel - £100

A DMK Skin Peel to reveal radiant and luminous skin. Performing a controlled micro-peel to reveal younger looking skin, reducing the appearance of fine lines, wrinkles, visible pores and a smoother skin texture. This treatment encourages new skin cells to grow stronger, healthier and gives an instantly glowing and radiant complexion.

## Stemzyme £1600

Stemzyme is a revolutionary 50-day specialised protocol combining 5 professional targeted treatments and a carefully mapped Home Prescriptive regime. Stemzyme works to reverse the decline in adult epidermal skin cells, aids the process of adult epidermal skin cell renewal, triggers successful stem cell differentiation into various skin cells and tissues and bolsters the skin cell lifecycle at every stage of its process.

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## Pro Alpha/Remodelling Procedure Peel £1600

An aesthetic approach to skin restoration, these peels restore the skin to optimal health. Pro Alpha & RP peels are designed to remodel the architecture of the skin and revise dysfunctional processes that have developed including sun damage, thickened, textured skin, scarring, pigmentation and deeply congested skin. This protocol combines 4 Enzyme treatments to ensure skin is in homeostasis, followed by 2 days of peel application and two lift-off treatments. DMK pre and post-care are also included.

# DMK ENZYME TREATMENTS

## Enzyme Therapy Level 1 £115

Level 1 is our entry into DMK Enzyme Therapy. Level 1 focuses on improving the skin's ability to function by dissolving dead cells & and impurities while in turn restoring vital cellular nutrients and oxygenation.

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## Enzyme Therapy Level 2 £130

Level 2 is a step up and will start addressing your skin concerns. We introduce a variety of gentle removal processes before our signature Enzyme Therapy masque.

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## Enzyme Therapy Level 3 £140

Level 3 we push your skin to target any specific skin concerns, whether it's acne, pigmentation, uneven skin texture or age management. Level 3 treatments are always followed by our signature Enzyme Therapy treatment to rebuild the skin from the inside out.

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## Alkaline Hair Removal Single

Facial Area £40 Half face £80

(Effectively reduces downy fluffy facial hair)

## Enzyme Therapy Level 4 £160

Level 4 is where we start to challenge the skin. This is when we may combine more than one removal in a treatment to tackle those stubborn skin concerns. Muscle Banding techniques may be incorporated for Age Management clients. \*Downtime will be discussed before treatment.

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## Advanced Level £190

These are our skin revision treatments. Either Alkaline, Mini RP, or Liquid Filler are followed by Enzymes 1, 2 & 3 to tighten, tone and firm the face and neck. \*Downtime will be discussed before treatment.

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## Body Enzyme £140

Designed to encourage the body's skin to perform at its best. The unique body masque can assist in revising scarring, fluid retention, dry skin, poor circulation, pigmentation, scarring and acne. This treatment is for one area of choice – Back, Buttocks, Back of Legs or Arms.

# SKIN SYNC PACKAGES

## DMK Starter Package - £775

The package includes 4 DMK Skin Treatments & 5 DMK products up to the value of £250 prescribed specifically to treat your skin concerns.

A minimum of 4 DMK enzyme treatments are required to bring the skin to homeostasis. Skin health will be greatly improved, skin barrier repair, inflammation reduced and Transepidermal Water Loss treated. This package is perfect for those starting their skincare journey or those with no skin concerns who want to keep their skin youthful and glowing.

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## DMK Skin Revision Package - £1300

This package includes 8 DMK Skin Treatments, 5 DMK products up to the value of £250 prescribed specifically to treat your skin concerns. This package will establish optimal skin health. After 4 enzyme treatments, you can progress to skin revision and advanced DMK treatments including Advanced Peels and Alkaline pH Skin Revision. This package is perfect for those with minor skin concerns including but not limited to breakouts, congestion, fine lines, dryness and skin sensitivity.

## Ultimate Skin Package £1200

Package Includes:

Our ultimate skincare package consists of our favourite treatments to help completely restore youthful, healthy skin. This package includes 5 Enzyme Treatments & 2 Micro Needling treatments

Paula will also send you home with 5 products up to the value of £250 for your 'at home regime'.

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## Professional Peel Package - £200

Treat yourself to an exclusive Skinbetter Professional Peel.

This special offer gives you three peels for the price of two, saving an amazing £100!

Package Includes:

x3 Skinbetter Professional Peels

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# SKIN SYNC PACKAGES

## Skincare Kickstart - £350

Wondering where to start your skincare journey?

Our Skincare Kickstart is the perfect opportunity for you to see the results of professional skincare treatments. Designed to treat an array of skin concerns, this combination of treatments help revise and rejuvenate problematic skin.

Package includes:

x1 Microneedling Treatment

x1 Enzyme Treatment

x1 Skinbetter 30 Professional Peel



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# DERMAPEN MICRONEEDLING

Correct your skin concerns and enjoy the confidence that comes with smoother, blemish-free skin with our brand-new microneedling treatment! Using the world's leading microneedling pen, Dermapen microneedling successfully reduces signs of ageing, pigmentation, acne, and stretch marks and achieves a healthy glowing complexion.

**Microneedling Facial (Face) £160**

**Microneedling Facial (Face & Neck) £180**

**Microneedling Facial & Uber Pro Peel (Face) £180**

**Microneedling Facial & Uber Pro Peel (Face & Neck) £200**

**Microneedling Facial & Botox £250**

**Acne Infusion Microneedling Facial £180**



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# AESTHETIC TREATMENTS

## Anti-wrinkle Injections

Botox is made with innovative compounds that are extremely effective in reducing deep wrinkles and fine lines – whilst also preventing new wrinkles from forming. Targeted and careful application of Botox, when administered by a trained professional is especially impressive in eliminating and preventing wrinkles.

1 Area £140 2 Areas £180 3 Areas £200

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## Fat Dissolve

Fat-dissolving injections work by liquidating fat cells and destroying them permanently. The broken down cells are naturally eliminated through the lymphatic system and results can be seen in up to 6 weeks without the need for invasive surgery. We recommend a course of 4 treatments 4-6 weeks apart.

Chin £80 Stomach £130 Thigh £80 Back £120

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## Vitamin B-12 Injections

Increases Energy Levels and Concentration. Improves Metabolism and Helps With Weight Loss. Boosts the Immune System. Helps Improve Sleep Patterns. Helps Stop Certain Types of Hair Loss We recommend a course of 3 Vitamin B12 Injections.

1 x £30 3 x £80

## Skin Peel

AlphaRet® Professional Peel System 50 features a higher strength blend of lactic, glycolic and salicylic acid than the already very popular and well-respected Peel 30. It is effective in improving fine lines and wrinkles, hyperpigmentation, blemishes, uneven skin tone and dullness, along with overall skin tone and texture for patients with moderate photodamage.

Professional Peel 30 £100

Professional Peel 50 £120

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# SKIN SYNC

HOME CARE

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## Barrier Protection

Day	Night	Product	Description	Directions
		DMK SUNSCREEN	This light, non-greasy formula will protect your skin without clogging the pores of causing congestion. Suitable for daily use.	Apply a small amount over all DMK products before applying DMK Cosmetics™.
		NUTRASCREEN	NutraScreen is a water-resistant nourishing cream, providing broad-spectrum UVA and UVB screening with high protection SPF 30. It protects skin and cell integrity against toxic chemicals.	Apply to cleansed skin every morning following application of other DMK home prescriptives.

## Specialities

Day	Night	Product	Description	Directions
		ACTROL POWDER	Helps absorb excess sebaceous oils.	Use a cotton ball to lightly dust cleansed skin nightly or as needed.
		ACU KLEAR	Helps reduce existing acne and prevent future breakouts.	Apply a thin layer to entire affected area nightly.
		ACU THERM	Creates pseudo heat to help dissolve sebum plugs.	Dab gel directly on blemish once 24-48 hours. Over use may stimulate pigmentation.
		CONTRADERM	Specially designed for use on traumatized skin. Use after DMK skin resurfacing treatments or even cosmetic procedures and surgery to sooth and moisturise.	Apply to cleansed skin for up to 10 days following professional exfoliation treatments or as needed for irritated skin.
		EPITOXYL	Acts as a liquid magnet for impurities and toxins in the skin by drawing them to the surface where they evaporate. It works by turning the toxins into a gas which then evaporates from the skin's surface. This action is what creates the unpleasant odour in highly toxic skin.	Apply to the skin with a cotton ball and wait three minutes before rinsing thoroughly with cool water. Use only once to twice a week.
		MELANOTECH DROPS	Contains melanin inhibitors and antioxidants. Helps prevent further pigmentation while revising uneven skin tone, dark spots and pigmentation.	Apply to cleansed skin before serums and mists. Often prescribed for use in conjunction with Melanotech Crème and Super Bright.
		PORE REDUCTION PLUS	Reduced the appearance of enlarges pores on the nose and surrounding ar ea.	Apply a few drops to the targeted area after cleansing. Leave on skin and do not rinse. Follow with your other DMK products.
		RED VEIN	Helps soothe and moisturise skin that is afflicted with red veins, aids in camouflaging broken capillaries in Couperose conditions.	Apply to affected area. Leave on for five minutes before rubbing in residual crème.
		SUPER BRIGHT	A revolutionary blend of botanical ingredients that aim to brighten the skin and revise uneven pigmentation.	Apply to cleansed skin. To be used at night only. A second layer may be applied to heavily affected ar eas. After cleansing, close eyes and spray face with ACU Mist before applying other products.
		ACU MIST	Contains aloe and plant extracts that help normalize the skin's acid mantle. Specifically for acne prone and oily skin conditions.	
		AMINODINE	Hydrating spray contains aminoguanidine which normalizes skin possessing deep cross-linked wrinkles. Helps revise skin tone and colour. For use on face, neck and hands.	Spray cleansed skin nightly before applying other DMK serums, oils and crèmes. Once the desired effect is achieved use twice weekly. Do not spray on eye lids.
		HERBAL PIGMENT	A nourishing skin brightening oil recommended for hyper-pigmentation on face or body, scars or dark circles around the eyes.	Apply three drops with Herb & Mineral Mist and work into the skin together up to three times daily. DMK nourishing crèmes may be applied over the top.

## Treatment Crèmes

Day	Night	Product	Description	Directions
		ACU-MOIST	An all purpose non-oily, light moisturiser. Great for preventing dryness sometimes caused by acne treatments. Helps prevent the signs of aging with UVA & UVB sun protection.	Apply after cleansing and applying your other treatment products. For day use only.
		BIOGEN C	Designed to smooth, firm and brighten dull skin, calms stressed skin and revises weakened capillaries. Used as a pick-me-up crème for those wanting to look refreshed and youthful. Helps prevent the signs of aging with UVA & UVB sun protection.	Apply four dots of crème to cleansed skin after DMK serums. Lightly spray with DMK Herb & Mineral Mist and work crème and mist into the skin. For day use only.
		CRÈME CRITIQUE	This pH adjusted nourishing crème is designed to regulate oil flow as well as hydrate and brighten the skin. Helps prevent the signs of aging with UVA & UVB sun protection.	Apply four dots of crème to cleansed skin after DMK serums. Lightly spray with DMK Herb & Mineral Mist and work crème and mist into skin. For day use only.
		ACU CRÈME	Regulates cellular turnover of oily, congested skin or skin conditions. Purifies, moisturises and nourishes.	Apply four dots of crème to cleansed skin after DMK serums. Spray with DMK Herb & Mineral Mist and work into the skin.
		NITE FIRMING	DMK's sophisticated approach to assist in revising the signs of biological aging. The skin may feel progressively firmer after each application.	Apply four dots of crème to cleansed skin after DMK serums and oils. For those with cross-linked wrinkles, use Aminodine Spritz in place of Herb & Mineral Mist. For night use only.
		BETAGEN	DMK's 'emergency crème'. A group of ingredients that work synergistically to deeply nourish the skin, triggering the revision of damaged cells. Helps maintain a strong immune response in skin.	Apply four dots of crème to cleansed skin after DMK serums. Lightly spray with DMK Herb & Mineral Mist and work crème and mist into the skin.

## Eye and Neck Crème

Day	Night	Product	Description	Directions
		FINE LINE	A rich nourishing crème designed to target the eyes, neck, top lip and areas of fine lines, wrinkles or dryness. Revises and strengthens skin with a rich blend of skin identical lipids that provide the skin with amino acids, proteins, vitamins, minerals and natural moisturising factors.	Apply to cleansed skin after DMK serums. Apply to any areas of the face, neck and décolleté that have fine lines and wrinkles.
		EYE TONE	Targeting dark circles, puffy bags and fine lines. A synergistic approach to neck and eye care, this encourages skin to perform as it did when it was young.	Apply to cleansed skin after DMK serums. Apply a small amount around the entire eye area.

## Barrier Repair

Day	Night	Product	Description	Directions
		SOLAR DAMAGE	The antidote for cellular fatigue and trans-epidermal water loss (TEWL). Encourages moisture retention to exist in healthy proportions. Suitable for most skin conditions.	Apply over DMK serums, oils sprays and nourishing crème. DMK Sunscreen should be applied over the top of solar damage gel during the daytime.
		HYDR OLOC	A barrier defence crème designed to smooth, dry, scaly skin. Can also be used during pregnancy to help minimize the occurrence of stretch marks.	Apply over DMK serums, oils, sprays and nourishing crème. DMK Sunscreen should be applied over the top of all DMK products.

## Cleansers

Day	Night	Product	Description	Directions
		DEEP PORE CLEANSER	A non-alkaline cleanser with White Oak Bark, Yucca and Aloe extracts that remove make-up, dirt and dead skin cells without drying. For normal to oily skin.	Dampen skin and use fingertips to massage a small amount into skin using a circular motion for 30 seconds. Rinse extremely well with warm water.
		MILK CLEANSER	A low pH cleansing milk with White Oak Bark, Birch Bark, Yucca and Soy bean Extracts for dry, delicate or sensitive skin.	Dampen skin and use fingertips to massage a small amount into skin using a circular motion for 30 seconds. Rinse extremely well with warm water.
		ACU-KLENZ	Formulated for deep cleansing oily and congested skin. Contains Salicylic Acid for a mild exfoliation of dead cuticle build up.	Dampen skin and use fingertips to massage a small amount into skin using a circular motion for 30 seconds. Rinse extremely well with warm water. Use up to 3 times daily as needed.

## Serums

Day	Night	Product	Description	Directions
		BETA GEL	A serum containing Beta Glucan recommended for general skin support or to soothe sunburned or irritated skin.	Apply a few drops over cleansed skin before applying other DMK products.
		DIRECT DELIVERY VITAMIN C SERUM	A stabilized Vitamin C serum that revises the appearance of wrinkles, fine lines and hyper-pigmentation. Ascorbic acid is known to be a primary factor in cytoplasm and synthesis of collagen one and three in skin.	Apply a few drops over cleansed skin before applying other DMK products.
		SUPER SERUM	A potent serum rich in Betaglucan, Vitamin C & T2 that prevents hyper-pigmentation and promotes hydration while protecting the skin from harmful pollutants. Frequent use restores the skin's elasticity, firmness and aids in collagen production.	Apply a few drops over cleansed skin before applying other DMK products.


## Transepidermal Delivery Spray

Day	Night	Product	Description	Directions
		HERB & MINERAL	A unique vitamin and mineral spritz designed to aid in trans-dermal delivery of DMK oils and crèmes. Assists in supreme tissue hydration for a fresh glow and firmness. Helps balance the skin's natural acid mantle.	Spray over face before applying DMK oils and nourishing crèmes. Work them in together using the Herb & Mineral Mist to aid in trans-dermal delivery into the skin.





## Moisturisers

Day	Night	Product	Description	Directions
		SEBA-E	A fine blend of herbal oils and vitamin E formulated to treat lipid dry skin by repairing barrier function. Vitamin E nourishes existing skin cells and is vital for collagen production.	Use in combination with Herb & Mineral Mist to combat dryness and dehydration. Any of the DMK crèmes can be applied over this superb oil.




## Exfoliants

Day	Night	Pr oduct	Description	Directions
		MICRO PEEL	Designed to remove dead cell material, Micro Peel offers a quick and gentle exfoliation between treatments.	Apply a thin layer to cleansed skin and leave for three to five minutes. Rinse thoroughly and apply prescribed DMK serums, oils, sprays and crèmes.
		REVISE A	A modified version of Retosin designed for skin on a maintenance program. This light exfoliating product triggers cellular renewal and encourages a healthy, youthful complexion.	Apply to cleansed skin two or three nights a week. Revise-A may also be used nightly on severely damaged skin. Always use DMK Sunscreen during the day when using Revise-A.

## Masques

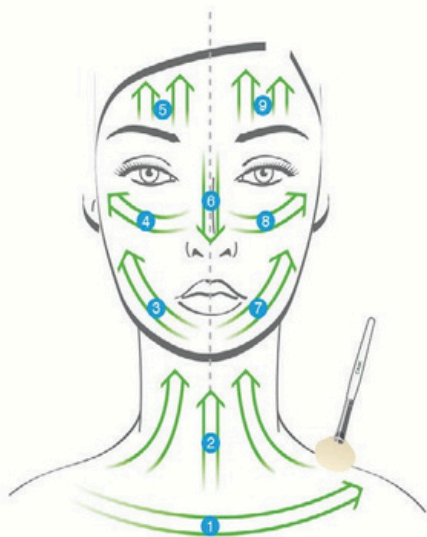
	Pr oduct	Description	Directions
	HYDRATING MASQUES	Suitable for most skin conditions, this water based masque aims to hydrate, cool, calm and moisturise the skin.	Apply to cleansed skin and leave for 20 minutes. Rinse thoroughly and apply prescribed DMK serums, oils, sprays and crèmes.
	ACU MASQUE	A versatile home maintenance masque recommended for acne, congestion, blackheads, open pores and dull or oily skin.	Apply to cleansed skin and leave for 20 minutes. Rinse thoroughly and apply prescribed DMK serums, oils, sprays and crèmes.
	FOAMY LIFT	An at home maintenance masque designed to exfoliate dead cells, tighten, purify and firm the skin. Designed to maintain the skin in between professional treatments.	Using the DMK masque brush and bowl, mix one teaspoon of Foamy Lift with an equal amount of Exoderma Peel to form a fluffy paste. Apply with upward and outward strokes to clean skin. Wait 30 to 45 minutes before rinsing thoroughly with your DMK cleanser.
	EXODERMA PEEL	Helps tighten, lift and exfoliate dead skin cells naturally. Mix with foamy lift for an even better treatment.	For a quick skin freshener, smooth a thin layer over skin and allow to dry before rinsing thoroughly. Once a week, mix with DMK Foamy Lift tightening facial mask.

## Body

	Pr oduct	Description	Dir ections
	BODY SCULPTING	Designed to revise the appearance of cellulite to smooth and firm the body's lumps and bumps.	After a warm shower, massage a thin layer of crème to the area being treated. Wrap area with several layers of plastic wrap. Relax for 30 minutes then remove plastic and massage excess crème into the skin.
	HYDRA LOUFFA	A body wash and exfoliant in one, recommended for dry skin, ingrown hairs and folliculitis. Helps extend the life of a spray tan and ensures the fade is even.	Use directly on skin while bathing or showering. Make a bubbling moisture treatment by adding five drops of Seba-E and three squirts of Hydra Louffa to bath water. Follow with Maximum Moisture for long lasting hydration and softer feeling skin.
	MAXIMUM MOISTURE	Contains natural extracts, oils and Vitamin-A to tone, tighten and firm skin. Recommended for dry skin, massages, cellulite or loose sagging skin and for extending spray tans.	Apply over damp skin after a shower or bath or spray thoroughly with Herb & Mineral Mist before applying.

# Embioment™

Day	Night	Product	Description	Directions
		EMBIOMENT™ CLEANSER	Embioment™ Cleanser leaves the skin feeling soft and hydrated whilst leaving the natural microflora balanced. Designed with gentle cleansing agents derived from botanical sources and a natural preservative system.	Massage a pea-size amount of Embioment™ Cleanser mixed with water into a lather on the skin, before rinsing off thoroughly with water. Avoid direct contact with the eyes.
		EMBIOMENT™ MIST	DMK Embioment™ Mist is a conditioning spray that acts as a prebiotic to establish the proper environment and provide the nutrients necessary to rebuild good bacteria found on healthy skin.	Close eyes and spray a small amount of Embioment™ Mist. Please note; unlike Herb & Mineral, you are not trying to get the skin wet.
		EMBIOMENT™ SERUM	A probiotic emulsion that reintroduces healthy bacteria and encourages the re-establishment of existing healthy bacteria essential to maintaining skin health.	Apply a generous amount of Embioment™ Serum over entire area being treated. *Please note - Allow 30-60 seconds for Embioment™ Serum to absorb before applying your other DMK products.



**DMK**

**Danné Montague-King®**

[www.dannemking.com](http://www.dannemking.com)

# MY HOMECARE PLAN

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## Allergic Reactions

**DMK believes that the origin of most skin conditions is a result of a disharmony within the skin. Using the principles of biochemistry, DMK has formulated a range of treatments and products that encourage skin to perform like youthful, healthy skin. By matching formulations with the body's chemistry, the skin is encouraged to respond in a positive manner.**

DMK Skin Revision™ utilizes a blend of carefully chosen and researched botanical ingredients. We cannot prevent all allergic reactions, therefore we recommend that all DMK clients conduct a patch test before using a new DMK product. This is essential for all clients, especially those with a high level of allergic sensitivity.

If you experience any adverse reaction or irritation that you were not pre-warned about, discontinue use until you consult your therapist or doctor. In many cases reactions such as redness, peeling or flaking are normal.

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